

APRIL 2025

This institution is an equal opportunity provider. Menus are subject to change.

Tuesday, April 1	Wednesday, April 2	Thursday, April 3	Friday, April 4
Breakfast Strawberry Cream Cheese Bagel Lunch -Cheese Quesadilla -BBQ Hamburger on Bun -Italian Salad & Bosco Stick* -Deli Sandwich Green Beans Chilled Applesauce Cold Milk	Breakfast Pancake & Sausage on a Stick* Lunch -Chicken Nuggets & Macaroni with Cheese -Hot Ham & Cheese -Chef Salad & Bosco Stick -Deli Sandwich Baked Beans Mixed Fruit Cold Milk	Breakfast Cinnamon Toast Crunch Muffin Lunch -Bacon Cheeseburger* -Hot Dog on Bun -Italian Salad & Bosco Stick* -Deli Sandwich Tator Tots Chilled Peaches Cold Milk	Breakfast Yogurt Cup & Nutri-grain Bar Lunch -Baked Potato, Margarine, Shredded Cheese & Bosco Stick -Fish Sandwich -Chef Salad & Bosco Stick -Deli Sandwich Cheesy Broccoli Orange Smiles Cold Milk

Monday, April 7	Tuesday, April 8	Wednesday, April 9	Thursday, April 10	Friday, April 11
Breakfast Breakfast Bagel* Lunch -Toasted Ravioli, Meat Sauce & Bosco Stick -Sub Sandwich -Popcorn Chicken Salad & Bosco Stick -Deli Sandwich Seasoned Green Beans Mixed Fruit Cold Milk	Breakfast Cinnamon Roll Lunch -Straw Hat -Hot & Spicy Chicken Sandwich -Italian Salad & Bosco Stick* -Deli Sandwich Cheesy Refried Beans Chilled Pears Cold Milk	Breakfast Pancake Sausage Sandwich* Lunch -Pepperoni Pizza* -Mini Corn Dogs -Chef Salad & Bosco Stick -Deli Sandwich Sweet Corn Chilled Applesauce Cold Milk	Breakfast Strawberry Pop Tarts Lunch -Popcorn Chicken, Pretzel Sticks & Queso -Turkey & Cheese Croissant -Italian Salad & Bosco Stick* -Deli Sandwich Baby Carrots Chilled Peaches Cold Milk	Breakfast Cheesy Scrambled Eggs & Biscuit Lunch -Mozzarella Sticks & Sauce -Fish Sticks & Cornbread Muffin -Chef Salad & Bosco Stick -Deli Sandwich Fresh Broccoli Fresh Apple Cold Milk

Whiteside
Middle
School

Available Daily

**We offer
General Mills Cereal
and Cereal Bars
as additional Entrée choices.
Breakfast includes
milk, fruit and
juice choice.**

* indicates the item contains Pork

STATE OF MIND.

Physical activity isn't just good for your body. Regular exercise has been shown to help guard the mind against depression, too.

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**