

April 2024



Available Daily

For breakfast, we offer additional entrée choices of assorted General Mills Cereals and Cereal Bars. Each breakfast includes milk, juice and/or fruit choice.

This institution is an equal opportunity provider. Menus are subject to change.

Whiteside Middle School

| Monday, April 1 | Tuesday, April 2 | Wednesday, April 3 | Thursday, April 4 | Friday, April 5 |
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| <p>Breakfast Pop Tarts</p> <p>Lunch -Sausage Pizza -Corn Dog -Deli Sandwich Seasoned Carrots Mixed Fruit Cold Milk</p> <p>(No Salads Today)</p> | <p>Breakfast Pancake & Sausage on Stick</p> <p>Lunch -French Toast Sticks & Sausage -Toasted Cheese Sandwich -Italian Salad & Bosco Stick -Deli Sandwich Green Beans Chilled Applesauce Gogurt Yogurt Cold Milk</p> | <p>Breakfast Banana Muffins</p> <p>Lunch -Chicken Nuggets & Macaroni -BBQ Ribette Sandwich -Chef Salad & Bosco Stick -Deli Sandwich Steamed Broccoli Frozen Juice Cup Cold Milk</p> | <p>Breakfast Bacon, Egg & Cheese Biscuit</p> <p>Lunch -Bacon Cheeseburger -Breaded Chicken Sandwich -Italian Salad & Bosco Stick -Deli Sandwich French Fries Chilled Pears Cold Milk</p> | <p>Breakfast Mini Pancakes & Syrup</p> <p>Lunch -Straw Hat -Fish Sticks & Cornbread Muffin -Chef Salad & Bosco Stick -Deli Sandwich Ranchero Beans Fresh Apple Cold Milk</p> |
| Monday, April 8 | Tuesday, April 9 | Wednesday, April 10 | Thursday, April 11 | Friday, April 12 |
| <p>Breakfast Yogurt Cup & Oatmeal Bar</p> <p>Lunch -Cheese Pizza -Mini Corn Dogs -Popcorn Chicken Salad & Bosco Stick -Deli Sandwich Baby Carrots Craisins Cold Milk</p> | <p>Breakfast Cinnamon Roll</p> <p>Lunch -Popcorn Chicken & Roll -Sloppy Joe on Bun -Italian Salad & Bosco Stick -Deli Sandwich Mashed Potatoes & Gravy Fresh Pear Cold Milk</p> | <p>Breakfast Cheesy Scrambled Eggs & Biscuit</p> <p>Lunch -Cheeseburger -Turkey & Cheese Wrap -Chef Salad & Bosco Stick -Deli Sandwich Green Beans Chilled Applesauce Cold Milk</p> | <p>Breakfast Breakfast Bagel</p> <p>Lunch -Toasted Ravioli & Bosco Stick -Hot & Spicy Chicken Sandwich -Italian Salad & Bosco Stick -Deli Sandwich Fresh Salad Chilled Peaches Cold Milk</p> | <p>Breakfast Blueberry Muffins</p> <p>Lunch -Soft Chicken Tacos -Hamburger on Bun -Chef Salad & Bosco Stick -Deli Sandwich Cheesy Refried Beans Orange Smiles Cold Milk</p> |

NUTRITION TO GO

Asparagus lovers debate whether thin or thick spears are better. The answer? It's really just a matter of personal preference. Thinner spears aren't younger or fresher - they just grow farther out from the central plant. Whether you like thick or thin, avoid shriveled stalks or mushy heads.

A QUICK BITE FOR PARENTS