

May 2024



Whiteside Middle School

P indicates the item contains Pork

This institution is an equal opportunity provider. Menus are subject to change.

NUTRITION TO GO

Pizza and fries – that has to be a junk food meal, right? WRONG! Kids love the taste of our pizza and fries, sure. But those items are also formulated to be healthier than you might assume, especially when they are part of a complete, nutritious meal like the meals we serve every day!

A QUICK BITE FOR PARENTS

Monday, May 6

Breakfast

Strawberry Pop Tarts

Lunch

-Cheese Pizza
-Mini Corn Dogs
-Popcorn Chicken Salad & Bosco Stick
-Deli Sandwich
Baby Carrots
Craisins
Cold Milk

Tuesday, May 7

Breakfast

Cinnamon Roll

Lunch

-Popcorn Chicken & Roll
-Sloppy Joe on Bun
-Italian Salad & Bosco Stick-P
-Deli Sandwich
Mashed Potatoes & Gravy
Fresh Pear
Cold Milk

Wednesday, May 8

Breakfast

Yogurt Parfait
& Nutri Grain Bar

Lunch

-Cheeseburger
-Sub Sandwich
-Chef Salad & Bosco Stick
-Deli Sandwich
Green Beans
Chilled Applesauce
Cold Milk

Thursday, May 9

Breakfast

Mini Pancakes & Syrup

Lunch

-Toasted Ravioli & Bosco Stick
-Hot & Spicy Chicken Sandwich
-Italian Salad & Bosco Stick-P
-Deli Sandwich
Fresh Salad
Chilled Peaches
Cold Milk

Friday, May 10

Breakfast

Cheesy Scrambled Eggs
& Biscuit

Lunch

-Soft Beef Tacos
-Fish Sandwich
-Chef Salad & Bosco Stick
-Deli Sandwich
Baked Beans
Orange Smiles
Cold Milk

Wednesday, May 1

Breakfast

Yogurt Cup & Oatmeal Bar

Lunch

-Chicken Nuggets & Macaroni
-Ham & Cheese Croissant
-Chef Salad & Bosco Stick
-Deli Sandwich
Sweet Corn
Chilled Mixed Fruit
Cold Milk

Thursday, May 2

Breakfast

Breakfast Bagel-P

Lunch

-Bacon Cheeseburger
-Grilled Chicken Sandwich
-Italian Salad & Bosco Stick-P
-Deli Sandwich
Fresh Broccoli
Chilled Pears
Cold Milk

Friday, May 3

Breakfast

Pancake Sausage
Sandwich-P

Lunch

-Straw Hat
-Fish Sticks & Cornbread Muffin
-Chef Salad & Bosco Stick
-Deli Sandwich
Fiesta Beans
Fresh Apple
Cold Milk

Available Daily

For breakfast, we offer additional entrée choices of assorted General Mills Cereals and Cereal Bars. Each breakfast includes milk, juice and/or fruit choice.

