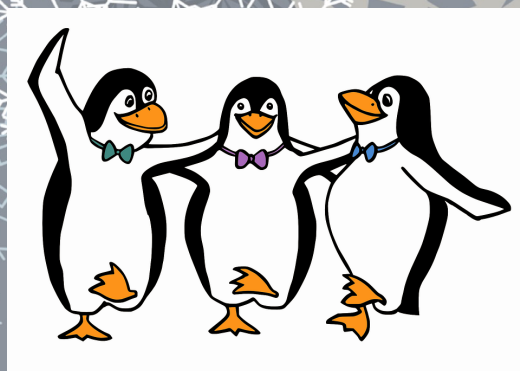




This institution is an equal opportunity provider and employer

WHITESIDE MIDDLE SCHOOL



Wednesday, January 3

Breakfast

Breakfast Bagel

Lunch

-Cheese Quesadilla
-Mini Corn Dogs
-Deli Sandwich
Candied Sweet Potatoes
Chilled Pears
Cold Milk

(No Salads Today)

Thursday, January 4

Breakfast

Strawberry Pop Tarts
Lunch

-Popcorn Chicken,
Pretzel Bites & Cheddar
Cheese Sauce
-Hamburger on Bun
-Deli Sandwich
Green Beans
Sweet Craisins
Cold Milk
(No Salads Today)

Friday, January 5

Breakfast

Blueberry Muffins

Lunch

-Soft Beef Tacos
-Fish Sticks
and Cornbread Muffin
-Deli Sandwich
Fiesta Beans
Fresh Apple
Cold Milk
(No Salads Today)

**WE OFFER GENERAL MILLS
CEREAL AND CEREAL BARS
AS ADDITIONAL
BREAKFAST ENTRÉE
CHOICES.**

**BREAKFAST INCLUDES MILK,
FRUIT AND JUICE CHOICE.**

Monday, January 8

Breakfast

Breakfast Pizza

Lunch

-Sausage Pizza
-Corn Dog
-Popcorn Chicken Salad
& Bosco Stick
-Deli Sandwich
Seasoned Carrots
Mixed Fruit
Cold Milk

Tuesday, January 9

Breakfast

Bacon, Egg & Cheese Biscuit
Lunch

-French Toast Sticks &
Sausage
-Toasted Cheese Sandwich
-Caesar Salad & Bosco Stick
-Deli Sandwich
Green Beans
Chilled Applesauce
Gogurt Yogurt
Cold Milk

Wednesday, January 10

Breakfast

Cinnamon Roll

Lunch

-Chicken Nuggets & Macaroni
-BBQ Ribette Sandwich
-Chef Salad & Bosco Stick
-Deli Sandwich
Steamed Broccoli
Frozen Juice Cup
Cold Milk

Thursday, January 11

Breakfast

Banana Muffins

Lunch

-Cheeseburger
-Turkey & Cheese Wrap
-Caesar Salad & Bosco Stick
-Deli Sandwich
Tator Tots
Chilled Peaches
Cold Milk

Friday, January 12

Breakfast

Cheesy Scrambled Eggs
& Biscuit

Lunch

-Cheesy Chicken Nachos
-Sloppy Joe Sandwich
-Chef Salad & Bosco Stick
-Deli Sandwich
Cheesy Refried Beans
Orange Smiles
Cold Milk

GREAT STARTS.



A fast start is so important. And what better way to start the New Year than by starting each NEW DAY with a healthy, complete breakfast? You'll have more energy, be more alert, and feel full through the morning!

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**