

WHITESIDE MIDDLE SCHOOL
ATHLETIC TEAM TRY-OUT & PARTICIPATION REQUIREMENTS 2022-2023 School Year

All students wanting to participate in any sports activity listed below **MUST** have the following turned in to the middle school office by the deadline in order to participate in try-outs.

Sports Packets must be renewed yearly and are valid for the whole school year.

Questions may be directed to coaches or the athletic director by e-mail at joe.glynn@wssd115.org.

- **Current physical (less than one year old as of tryout date)**
 - **Must Have Approval to Participate in Athletics/Sports Box Checked**
 - **Must be SIGNED and Filled out by a Physician, N.P., or P.A. to be valid**
- **2022-2023 Sports packet (only one required per school year)**
 1. Certificate of Physical Fitness for Participation
 2. Agreement to Participate
 3. Medical Authorization Form
 4. Concussion Information Acknowledgement
 5. Covid Waiver
- **Registration fee and all incidental fees (lunch, IDs, library, etc.) paid**
- **No more than one F to be academically eligible (not applicable for August tryouts)**

Note: If your student makes a team, an Activity Fee of \$25 for the first activity and \$10 for each additional activity is due two (2) weeks following tryouts or by the first game, whichever comes first. This is not required for tryouts.

Students with any outstanding fees on any given Monday will have until Friday of that week to make payment. Students will be required to “sit out” the following week until all fees are paid. If not paid by Friday of the second week, the student will be removed from the team.

Early Fall Sports- Open to Incoming 5th- 8th Graders

- **Baseball- Coach Troy Griffin- troy.griffith@wssd115.org**
 - Tryouts: July 19th and 20th
 - Physical, sports packet, and fees due by **Thursday, July 14th**
- **Softball- Coach Kristy Kohler- kristy.kohler@wssd115.org**
- **Soccer (Co- Ed- Girls and Boys) - Coach Dawn Vollmer - dawn.vollmer@wssd115.org**
 - Tryouts: August 1st and 2nd
 - Physical, sports packet, and fees due by **Wednesday, July 27**

Intermediate Fall Sports – Open to Incoming 5th-8th Graders

- **Cross Country – Coach Amy Mannino- amy.mannino@wssd115.org**
 - Tryouts: August 11th
 - Physical, sports packet, and fees due by **Monday, August 8th**

Late Fall Sports

- **Cheerleading – 7th & 8th Graders – Coach Nicole Moore- nicole.moore@wssd115.org**
- **Boys’ Basketball –Coach Troy Griffith (7-8) Troy.Griffith@wssd115.org**
 - Coach TBA (5-6)
- **Girls Basketball - Coach Joe Glynn (7-8) joe.glynn@wssd115.org**
 - Coach Emily Nelson (5-6) Emily.nelson@wssd115.org
- Tryouts first or second week in October
- Physical, sports packet, and fees due by **Wednesday, September 28**

Winter Sports

- **Boys’ Volleyball (Grades 5-8)- Coach Shea Lodes – shea.lodes@wssd115.org**
- **Girls’ Volleyball (Grades 5-8)- Coach Allison Baldwin- allison.baldwin@wssd115.org**
- **Bowling (Grades 5-8) – Coach TBD**
- Tryouts first or second week in January
- Physical, sports packet, and fees due by **Wednesday, December 7**

Spring Sports

- **Boys’ Track (Grades 6-8) – Coach Troy Griffith troy.griffith@wssd115.org**
- **Girls’ Track (Grades 6-8) – Coach Emily Nelson emily.nelson@wssd115.org**
- **Golf (Grades 5-8)- Coach TBA**
- Tryouts second week of March
- Physical, sports packet, and fees due by **Monday, March 6**