

Monday, February 12

Breakfast

Pancake Sausage Sandwich

Lunch

-Bacon Cheeseburger
-Mini Corn Dogs
-Popcorn Chicken Salad & Bosco Stick
-Deli Sandwich
Baked Beans
Chilled Pears
Cold Milk

Tuesday, February 13

Breakfast

Cinnamon Roll

Lunch

-Soft Chicken Tacos
-Hot Ham & Cheese Sandwich
-Caesar Salad & Bosco Stick
-Deli Sandwich
Sweet Corn
Chilled Applesauce
Valentine's Cookie
Cold Milk

Wed., February 14

Breakfast

Pancake & Sausage on Stick

Lunch

-Mozzarella Sticks & Dipping Sauce
-Chef Salad & Bosco Stick
-Deli Sandwich
Green Beans
Fresh Apple
Cold Milk

Thursday, February 15

Breakfast

Blueberry Muffins

Lunch

-Chili Dog or Hot Dog
-Hot & Spicy Chicken Sandwich
-Caesar Salad & Bosco Stick
-Deli Sandwich
Steamed Broccoli
Chilled Peaches
Cold Milk

Friday, February 16

Breakfast

Mini Waffles & Syrup

Lunch

-Cheese Pizza
-Chef Salad & Bosco Stick
-Deli Sandwich
Seasoned Carrots
Mixed Fruit
Cold Milk



Swans are one of the few animals that will mate for life!

Happy Valentine's Day!

Monday, February 19

Presidents' Day



No School Today

Tuesday, February 20

Breakfast

Sausage Biscuit

Lunch

-Chicken Strips & Mini Waffles
-Toasted Cheese Sandwich
-Caesar Salad & Bosco Stick
-Deli Sandwich
Baked Beans
Chilled Applesauce
Cold Milk

Wed., February 21

Breakfast

Parfait & Nutri-grain Bar

Lunch

-Straw Hat
-Hamburger on Bun
-Chef Salad & Bosco Stick
-Deli Sandwich
Green Beans
Frozen Juice Cup
Cold Milk

Thursday, February 22

Breakfast

Breakfast Bagel

Lunch

-Orange Chicken & Fried Rice
-Sub Sandwich
-Caesar Salad & Bosco Stick
-Deli Sandwich
Steamed Broccoli
Pineapple Tidbits
Fortune Cookie
Cold Milk

Friday, February 23

Breakfast

French Toast Sticks & Syrup

Lunch

-Baked Potato & Cheese, Margarine & Bosco Stick
-Chef Salad & Bosco Stick
-Deli Sandwich
Baby Carrots
Chilled Peaches
Cold Milk

NUTRITION TO GO

Winter is the season when the fresh orange crop is at its juicy peak -- and that's also when we can really use the color, flavor, and aroma of fresh oranges, tangerines, and clementines. Oranges (mainly in juice form) are easily the primary source of vitamin C for Americans, but choose whole fresh oranges for a good shot of fiber, too.

A QUICK BITE FOR PARENTS

Monday, February 26

Breakfast

Chicken Biscuit

Lunch

-Chicken Quesadilla
-Mini Corn Dogs
-Popcorn Chicken Salad & Bosco Stick
-Deli Sandwich
Fiesta Beans
Chilled Pears
Cold Milk

Tuesday, February 27

Breakfast

Pop Tarts

Lunch

-Sausage, Egg & Cheese Croissant
-Turkey & Cheese Wrap
-Caesar Salad & Bosco Stick
-Deli Sandwich
Seasoned Carrots
Mixed Fruit
Cold Milk

Wed., February 28

Breakfast

Strawberry Cream Cheese Bagel

Lunch

-Popcorn Chicken, Pretzel Bites & Cheddar Cheese Sauce
-BBQ Rib Sandwich
-Chef Salad & Bosco Stick
-Deli Sandwich
Green Beans
Chilled Applesauce
Cold Milk

Thursday, February 29

Breakfast

Pancake & Sausage on Stick

Lunch

-Cheeseburger
-Hot & Spicy Chicken Sandwich
-Caesar Salad & Bosco Stick
-Deli Sandwich
Emoji Potatoes
Orange Smiles
Cold Milk

Floo Powder?

Harry Potter and his pals use magical FLOO Powder to move around their world, but in our world there's no magic cure for the FLU. But there are three ways you can help keep yourself and others healthy during flu season.



1 Wash your hands frequently.



2 Cover up when you sneeze or cough.



3 If you do get sick, stay home.